

# COLORADO STATE UNIVERSITY

## INTRAMURAL SPORTS

### VOLLEYBALL RULES

#### Who can play:

- Full-time fee paying students and Recreation members may participate in this League.(see Intramural Sports Policies and Procedures)
- Each competitive team may have **NO MORE THAN TWO** current volleyball club members per team.
- Current volleyball club members **MAY NOT PLAY** in the recreational league

#### Rules:

Games will be governed by the 2008-2009 High School Federation rules, with the following modifications:

#### **\*\* Snapping basketball rims will result in a 5 point penalty for the offending team.**

- Minimum line-up is four people to start a game, up to six players may play at a time. Teams may have subs as well
- A match consists of best two out of three games. A game consists of 21 points, rally scoring, win by two. Game three, will be played to 15
- Teams will be allowed two 30-second timeouts during each game. Injury timeouts are not counted. Timeouts requested by the team captain only
- A coin toss will decide server and courtside. Teams will change courts at the end of each game and after six points have been scored by one team in the third game. Teams will alternate first serve each game
- If both teams agree to rotating in, it may be done. However, it must be done then for the entire game
- Coed Modifications:
  - Players: Coed teams shall consist of three men and three women. Minimum number of players is four, at least one of each gender. At no time shall there be more than 3 members of one gender playing
  - The basic alignment on the court must be in alternating positions by gender.
  - When the ball is played by more than one player on a team, one of these players must be of the opposite gender
  - One backcourt player may also block when there is only one male in the front line position.
  - The height of the net shall be 8 feet from the top of the net to the floor.
  - The coed net height is 8 feet and 0 inches; this is set on the posts with the number 38 as the last increment showing
- **Snapping the basketball rims will result in a 5 point penalty for the offending team, toward next game**

#### Equipment:

- All participants must wear athletic apparel and court approved shoes i.e. volleyball shoes,

basketball shoes, or cross trainers. If they don't have these shoes they will not be able to participate

- Intramurals will provide the game ball only. Participants must provide volleyballs for warm ups
- **No jewelry is permitted during Intramural events**

**Protest:**

- Protest must be declared at the time of the incident by the team captain. No protest will be considered based on an officials judgment call, or after the game has been completed. This includes the checking of rosters for illegal players.

**\*\*\*ALL PARTICIPANTS MUST BRING THEIR CSU STUDENT ID IN ORDER TO BE ELIGIBLE TO PLAY\*\*\***